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Stop It Now! Together We Can Prevent the Sexual Abuse of Children

Welcome to
Dear Stop It Now!,
 I'm attracted to children.
Part two: What kind of help should I look for?
 with Jenny Coleman, LMHC and Micah Waxman, MS
 and our guest experts
Candice Christiansen, LCMHC, CSAT-S and Meg Martinez-Dettamanti, LACMHC



We will get started shortly. Please take a moment to test your Internet connection and familiarize yourself with the [Chat](#) functions of your toolbar. For improved audio, use the phone number and unique Audio PIN found in [Audio](#). Throughout the webinar, please use [Chat](#) for any technical questions that arise. THIS WEBINAR WILL BE RECORDED.

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Our Model and Key Strategies

- ◆ Anyone can call
- ◆ Expertise and knowledge
- ◆ Confidentiality
- ◆ Compassion and non-judgmental response
- ◆ Choosing words with sensitivity and awareness
- ◆ Guidance, support and resources – not therapy
- ◆ **Emphasis on Action**
- ◆ Communicating Hope

- ✓ Provide information about choices
- ✓ Move person to next step
- ✓ Focus on positive aspects of responding
- ✓ Dispel myths about people who abuse
- ✓ Focus on protective actions
- ✓ Plan for safety

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Connection and Support



Isolation is the worst possible counselor.

Miguel de Unamuno


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Looking for help


Ok, you may never answer my email, or report me and try to find where I live and hijack me, I don't know what you'll do.

I don't know where to go or what to do, or how to seek help.

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Introducing... Our Guest Experts

The Prevention Project™

Candice Christiansen, LCMHC, CSAT-S
Meg Martinez-Dettamanti, LACMHC

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“Who works with someone like me?”

What qualifications, experience, background should someone have?

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What is safe?




Asking about safety, reporting and treatment expectations


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Impact on life




What if I have children in my life?



What if I'm a teacher or work with children?


"...the few cases I can find online never seem to end well, people are treated like criminals for seeking help and end up being referred to forensic pathologists and criminal psychologists. I have a good job, a house and care and would some day like to have a family of my own. I'm scared asking for counseling would lead to me losing everything I've worked my whole life for."
Jay

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Can I tell my current therapist?

"I am stuck with (and discovered it at 16) dreadful sexual attractions towards babies and children. I see a counsellor every 2 weeks and a psychiatrist every now and again for different reasons, but am too scared to tell them about these problems because firstly it would be extremely embarrassing, and my family would probably find out and be horrified."
Leslie

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What should I expect?

Is treatment different for people who have abused than people who are non-offending?



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What should I do?

If I am not a risk and committed to safety, should I still talk to a professional?




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Self-Help, Online and Ongoing Support

- Do self-help programs and support groups work?
- Online?

"I just want to know how I can create a good method of suppressing my thoughts about children, and ways I can contact others to help me. How can I build my own personal methods of prevention?"

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Resources



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Questions?



Be in touch:
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*Stay tuned for our next webinar
in September*

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